**College Belongingness Questionnaire (CBQ)**

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Here are some questions about your college experience. Read each sentence and choose the one response that best describes how you felt at this university.

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| --- | --- | --- | --- | --- | --- | --- |
| 1 =StronglyDisagree | 2 =Disagree | 3 =SlightlyDisagree | 4 =Neutral | 5 =Slightly Agree | 6 =Agree | 7 =Strongly Agree |

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 1. | Overall, I feel happy to be at this university | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 2. | I feel myself excluded at this university | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 3. | I can really be myself at this university | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 4. | I don't have close bonds with members of this university | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 5. | I think that people at this university care about me. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 6. | My friends do not involve me in their plans. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 7. | I feel like myself as a real part of this university | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8. | I feel isolated from the rest of the world at this university | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 9. | I feel like I belong to this university | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 10. | My friends generally ignore me at this university | 1 | 2 | 3 | 4 | 5 | 6 | 7 |

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*Scoring and Interpretation Guide*

* Create the Total College Belongingness Scale score by summing all 10 items.
* Create subscale scores by summing items as follows:
	+ Social Acceptance Scale: items 1, 3, 7, 9
	+ Social Exclusion Scale: items 2, 4, 6, 8
* Reverse-scoring is necessary (exclusion items).
* Higher scale scores represent greater levels of college belonging
* No large-scale normative data available.
* There is no cost for using the scale and no need to obtain permission prior to use
* Questions regarding the CBQ should be addressed to Gökmen Arslan, PhD, at gkmnarslan@gmail.com and www.gokmenarslan.com
* Please update the following reference before citing;
	+ **To cite:** Arslan, G. (2020). Loneliness, college belongingness, subjective vitality, and psychological adjustment during coronavirus pandemic: Development of the College Belongingness Questionnaire. Journal of Positive School Psychology. Retrieved from https://journalppw.com/index.php/JPPW/article/view/240